

Activities and Learning Objectives for the topic 'All About Me' Sept 2020

Personal, Social & Emotional Development

For many of the new children it will be the first time that they have been separated from their parents and this year, because of Coronavirus, it is a long time since the returning children have attended too, so supporting children and parents/carers to reduce any feelings of anxiety will be a top priority. Following routines helps and we reassure the children that they will be collected after Storytime. To help encourage appropriate behaviour in a group we will have lots of games to support sharing, taking turns and respect for others. At the moment we cannot send the All About Me boxes home so make sure that you fill in a leaf for the Learning Tree to tell us about achievements and interests so that we can help build self esteem and plan activities around the children's interests.

Once the children are settled we will follow the NSPCC Talk Pants programme as part of our Child Protection plans:-

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule>

It is important that the scheme is supported at home. Please ask if you have any questions

Communication & Language

Children will be supported to share the information that is written on their Learning Tree leaf with the others. There will be lots of stories, both one to one and as a group, which are used for the focus of discussions, with a concentration on language around emotions and describing how we feel. There will be an emphasis on activities that encourage listening skills in varying situations.

We end each day with Story and Song Time. We'll keep you updated on favourite stories and songs.

Physical Development

We will be playing in the garden whenever the weather permits so there will be plenty of opportunity to develop gross motor skills with climbing frames, seesaws, balance bikes, the trampoline, footballs, scramble nets, yoga, parachute play and specialist PE equipment. Every day there will also be different activities such as construction toys, lacing cards, puzzles and mark making to develop fine motor skills. The children will also be introduced to basic ideas about healthy eating and , especially at the moment, the need to wash hands frequently to stay safe and healthy. As part of the Change4life plan we encourage parents to try the 10 minute shake ups each day with CBBC

www.nhs.uk/10-minute-shakeups

Literacy

For this topic we will concentrate on two books that encourage a positive self image: 'I Like Myself' and 'I Like Me'. We will also read books about and discuss different emotions and the children will be asked to think of things that make them happy/sad/cross etc. We will also share some of the many stories with pants as their theme to support the PANTS message

Mathematics

Following the playgroup routine will help the children to develop a sense of time and some of these routines include regular maths activities such as counting the children at snack time and working out if there are more boys or girls. We will use the sand timers for some PE activities and as a focus for sharing and taking turns. We will also learn numbers with counting songs.

Understanding the World

The children will be encouraged to talk about their family and relations, their likes and their interests and in doing so we will concentrate on similarities and differences between themselves and others.

Expressive Arts & Design

The children will be able to try a variety of new creative activities and techniques in drawing, painting, music, dance, storytelling and role play, forming their own preferences and favourites to return to. There will be individual and group projects.